

Meet Julio...

Julio is 51 and a first-time participant in his company's health risk assessment. His glucose and triglyceride levels are highly elevated and his report shows him at risk for diabetes. He is scared. He does not have a primary care physician (PCP). Julio called Patient Care, and his Nurse Navigator - Mary - explained what diabetes is, what causes it and found a PCP who specializes in diabetes. Julio was diagnosed as pre-diabetic and now he and Mary talk every 4-6 weeks about his diet, exercise and blood sugar levels.



NURSE NAVIGATOR
from Patient Care

